



TreeHouse Cafe & Juice Bar: Winter 2020

100% gluten free

v= vegan

vg= vegetarian

HOT DRINKS

coffee to energize your day

- americano
- cappuccino
- drip coffee
- espresso
- latte
- macchiato

not coffee to soothe and relax

superfood kava hot cacao

Kava is a medicinal root from the Pacific Islands that is said to help relieve anxiety and pain. combined with our signature delicious hot cacao, it is sure to help warm up your day!

- matcha
- assorted tea

GET JUICED

- **eye opener** - breaks down toxins, aids in digestion, and calms inflammation
apple, lemon, & ginger
- **green machine** - packed full of nutrients to help you glow from the inside out
cucumber, arugula, spinach, kale, apple, & ginger
- **anti-aging** - a fantastic health elixir for boosting immunity
turmeric, apple, ginger, & celery

SMOOTH(IE) OPERATORS

- **maca madness**
banana, maca, cacao, coconut oil, dates, & nut mylk
- **berry blast**
four berry blend (strawberry, blackberry, blueberry, raspberry), hemp seeds, banana, & nut mylk
- **nut job**
almonds, coconut oil, hemp & flax seeds, dates, cinnamon, & nut mylk
- **turmeric sunrise**
turmeric, banana, mango, cinnamon & nut mylk

ALL DAY BRUNCH

- **personal apple crisp (v)**
gluten-free crumble topping envelopes sweetly spiced local apples, served with coconut maca cream
- **sexy salmon (vg)**
smoked salmon & turmeric pepper chèvre over toasted gluten-free cornbread & maple mustard dressing (option to substitute vegan cheese)



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SOUPS, SALADS, & SANDWICHES:

- **treehouse salad** (vg)
beets, spiced nuts, & goat cheese over greens with a maple mustard dressing
- **angler** (vg)
smoked salmon, goat cheese & greens with maple mustard sauce
- **forager** (v)
bean burger with greens & maple mustard sauce
- **trickster** (v)
almond butter & jam
- **soup of the day**
seasonal selections made with local fresh ingredients-
including **baltimore's first maryland vegan crab soup!**

TREEHOUSE TREATS

- **superfood chocolate squares** (v)
- **daily rotating desserts** (v, vg)
- **cookies** (v)
oatmeal, flax seed, & chocolate chips

